AMERICAN BALLET ACADEMY

Dance Dialogue



Alice in Wonderland!

The show is almost upon us! What a fun performance to watch. It's going to be a great show, just like always! With continued hard work and class attendance, everyone will be ready to go!

Class attendance the next couple of weeks is so important, as are the extra rehearsals! Even if just one dancer from a class is missing, it makes it difficult for the others in the class, and the teacher, to practice proper spacing and timing. Attendance is also the best way for everyone to be ready for the confusion of

What to bring and what NOT to bring

Performance weekend is so much fun! It is also exhausting. You can help your dancer greatly by being sure they get plenty of sleep, eat healthy meals before they come, and that they are drinking lots of water! Of course snacks brought to theatre are also a good way to keep up energy, but in order to keep costumes and our space as clean as possible, we have to be very picky about what is allowed. Here is a list of foods that are excellent to bring with you: Mozzarella sticks, dye less crackers, apple slices, carrots, pretzels, granola bars (without chocolate or anything that will melt), fruit snacks, almonds, water (The best of all to bring). Snacks NOT to bring: Chocolate, greasy or saucy foods (pizza, fried chicken, potato chips, peanut butter, jelly), juicy fruits or vegetables like oranges or tomatoes, anything with food coloring, soda juice or other colored drinks. We will be sure everyone gets a dinner/nap break, but be

the move to the theatre. It is hard, even for older dancers, to adjust to dancing on stage. The more familiar everyone is with their dances and dancing together, the less confusing it is on stage, and the less time we have to spend spacing and rehearsing Friday and Saturday. Thank you, parents, so much for helping us with this. We know it can be really difficult to make it to ABA, among a myriad of other commitments. We notice your dedication!

sure to bring plenty of snacks and water, as your dancer will probably be at the theatre for several hours before they are released.

We do want to remind everyone not to bring their dinner back to the theatre to be eaten, and that drinks in covered containers will be allowed in the theatre up to two hours before the show. After that time, water only, please (this includes volunteers and dancers)!

Besides snacks, other items that would be good to bring are extra tights, extra hair supplies (hair pins in particular for attaching head pieces and hair spray to do touch ups), extra make up for touch ups, and activities. Examples of appropriate activities include books, etch a sketches, card games, cars, and dolls. Activities to leave at home include anything with glitter (this is a theatre policy), markers, and anything noisy. You will also probably want to leave anything valuable at home.

Spacing Rehearsal call times, at the Elsinore Theatre:

Spacing Rehearsal for the Spring Show, at The Elsinore Theatre.

Ballet IV & Ballet V – 3:00pm Queen's Pas – 4:00pm Modern II, III, & IV – 4:15pm All Ballet III – 4:30pm Boys Ballet II – 4:45pm All Ballet II – 4:45pm All Ballet II – 5:30pm **Pre-Ballet II classes**

space 9:30am on

June 8th

Classes Only Performing in One Show

Saturday Show Only: Wednesday Creative Movement Saturday Creative Movement Monday Pre-Ballet I Saturday Pre-Ballet II Thursday Pre-Ballet II

Sunday Show Only: Tuesday Creative Movement Thursday Creative Movement Tuesday AM & PM Pre-Ballet I Wednesday Pre-Ballet I Wednesday Pre-Ballet II Saturday Pre-Ballet II

<u>Make Up, Hair, Costumes, & Pic-</u> <u>tures</u>

Here are some general guidelines for hair and makeup. If you need a more

detailed refresher, look at the ABA Handbook on our website.

For make up, you want powder foundation about a shade darker than your child's normal skin tone, blush that is not too neutral, purple and brown eye shadows, eyeliner, mascara, and red lip stick. Annie has a saying that you should put on a little more than you think is necessary, add even more, and then you will be getting close to how much they need. ^(C) A lot of makeup is necessary in such a large theatre so that we can see everyone's facial features!

For hair everyone all girls should have their hair in a straight back, slicked back bun. Be sure to use a hair color hair net (not one made of yarn), lots of pins, and gel/hairspray. Please pin back bangs, as they create a shadow on the dancer's face. Be sure to slick back any wispies too!

You will pick up anything Annie bought for you for costumes or that

Summer Intensives

In addition to the regular classes, there will also be dance camps offered this summer for intermediate and advanced dancers. The intermediate camp (Ballet II/III) will be held July 15-19, and the Advanced camp (Ballet IV/V) will be August 5-9. Both camps run 8:30am-

Summer and Fall Schedules

The Summer and Fall schedules are being worked on, and will hopefully be done soon! When they are finished, we will post them on the website. Keep an eye on the Facebook page as well, since that is where we will let you know when you can register for Fall classes. Keep in mind that we open up registration to new students July 1st, you are borrowing, at the theatre on Saturday. Please

remember to bring anything that the

costume list (on the bulletin board downstairs) shows as "you provide". At the end of the show, you will take anything you bought home with you. Please leave anything you borrowed in your bag with your class coordinator. Remember that Costume fees are due on June 1st. Costume fees will be posted on your account, and can be paid by cash, check, or through your online account. **Please Note**: Costume fees will not be taken out automatically.

This is a good place to remind everyone to not wear undergarments with your costume. Pre-Ballet II and up will of course have their nude leotard under their costume, but that should be it; panty lines under a costume are very tacky and unprofessional. If your dancer is unaccustomed to this (ideally, dancers do not normally wear undergarments to class), it would be a good idea to practice at home, and in class before the show. Tell them it is just like wearing a swimsuit.

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12:00pm. The cost is 155.00 before June 30th, and 175.00 after June 30th. We have been handing out sign up forms at the studio; ask your teacher if you missed them! You can also sign up online through your ABA profile.

and that the registration fee increases from 20.00 to 25.00. Classes do fill up, so be sure to get signed up before then! Also remember that this is the last newsletter until September! Have a great summer!

Calendar

June 1st, 2019 Second Mandatory All Cast Rehearsal for Spring Show, at ABA. Act I 12:30; Act II 3:00.

June 7th, 2019

Spacing Rehearsal for the Spring Show, at The Elsinore Theatre.

Ballet IV & Ballet V – 3:00pm Queen's Pas – 4:00pm Modern II, III, & IV – 4:15pm All Ballet III – 4:30pm Boys Ballet II – 4:45pm All Ballet II – 5:00pm All Ballet I – 5:30pm June 8th, 2019 Dress Rehearsal for the Spring Show, at The Elsinore Theatre.

Pre-Ballet II at 9:30am for spacing.

June 8th & 9th, 2019 Spring Show at The Elsinore Theatre. June 30th, 2019 Last Day of 2018/2019 Classes. July 5th- August 15th, 2019 Summer Classes at ABA.

July 15th-19th, 2019 Intermediate Dance Camp August 5th-9th, 2019

Advanced Dance Camp

CONTACT

please feel free to contact us at any of the following:

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Store Hours:

Tuesday 4:45-5:45pm

Saturday 10:15-11:45am

By appointment