# The Final Stretch!



Nutcracker is just around the corner! All the dancers are working so hard, and the hard work is paying off! It's looking like it's going to be another great show We are very proud of all of our dancers, and encourage our parents to be too, even if their dancer does not do their best on performance day. It is

so hard to get up on the stage, and even harder to then try to perform! We know this is not only an exciting time, but also a potentially confusing time, especially for our newer families. We hope to answer as many questions as possible in this newsletter, so please read carefully.

# Make Up, Hair, Costumes, & Pictures

Here are some general guidelines for hair and makeup. If you need a more detailed refresher, look at the ABA Handbook on our website.

For make up, you want powder foundation about a shade darker than your child's normal skin tone, blush that is not too neutral, purple and brown eye shadows, eyeliner, mascara, and red lip stick. **Note:** Bon Bons get red circles on their cheeks. Annie has a saying that you should put on a little more than you think is necessary, add even more, and then you will be getting close to how much they need. ③ A lot of makeup is necessary in such a large theatre so that we can see everyone's facial features!

For hair everyone (Except Bon Bons, Boys, Party Girls, and modern III), should have their hair in a straight back, slicked back bun. Be sure to use a hair color hair net (not one made of yarn), lots of pins, and gel/hair-spray. Please pin back bangs, as they create a shadow on the dancer's face. Be sure to slick back any wispies too!

**Bon Bons:** Your hair should be in piggy braids with just a hair tie at the bottom. Ideally they will start behind the dancer's ears.

**Party Girls:** Your hair should be in ringlets. **Modern III:** Hair in a style of your choosing, as long as it is pulled back from your face.

You will pick up anything we bought for you for costumes or that you are borrowing, at the theatre on Saturday. Please remember to bring anything that the costume list (on the bulletin board downstairs) shows as "you provide". At the end of the show, you will take anything you bought home with you. Please leave anything you borrowed in your bag with your class coordinator. Remember that Costume fees are due now.

This is a good place to remind everyone to not wear undergarments with your costume (boys may wear a dance belt). Pre-Ballet II and up will of course have their nude leotard under their costume, but that should be it; panty lines under a costume are very tacky and unprofessional. If your dancer is unaccustomed to this (ideally, dancers do not normally wear undergarments to class), it would be a good idea to practice at home, and in class before the show. Tell them it is just like wearing a swimsuit.

# Theatre Etiquette

We want to take a moment to remind everyone of some guidelines while watching the performances. While we want our families to enjoy watching their dancers perform, we also want to be respectful of the theatre space, and everyone attending the performance. We also don't want to distract the dancers performing. Please keep these points in mind while watching the shows:

- Please refrain from talking during the show.
- If you need to leave or enter the auditorium during the course of the performance, please wait until applause is occurring.
- If you have a little one who is making noise, please take them down to the sitting area by the downstairs bathroom's, when it is appropriate.
- There is no photography or videoing allowed during the performances, and please turn off cell phones and other electronic devices.

  These are traditional theatre etiquette rules, which help ensure everyone has a positive experience, which is exactly what we want these shows to be!

  Thank you!

### What to Bring & What NOT to Bring

Performance weekends are exciting, but also long and tiring, especially for young dancers. You can help your dancer greatly by being sure they get plenty of sleep, eat healthy meals before they come, and that they are drinking lots of water! Of course snacks brought to theatre are also a good way to keep up energy, but in order to keep costumes and our space as clean as possible, we have to be very picky about what is allowed. Here is a list of foods that are **approved by the theatre** to bring with you: Mozzarella sticks, dye less crackers, apple slices, carrots, pretzels, granola bars (without chocolate or anything that will melt), fruit snacks, almonds, water (The best of all to bring). Snacks NOT allowed: Chocolate, greasy or saucy foods (pizza, fried chicken, potato chips, peanut butter, jelly), juicy fruits or vegetables like oranges or tomatoes, anything with food coloring, soda juice or other colored drinks. We will be sure everyone gets a dinner/nap break, but be sure to bring plenty of snacks and water, as your dancer will probably be at the theatre for several hours before they are released.

#### **Performance Weekend Dates**

We do our best to keep things running on time, but with 250+ students, we sometimes get a little off track, so we would greatly appreciate your patience, especially at the rehearsals. Here is the schedule for the weekend, with call times:

Friday, December 6th, Spacing call times:

- > Ballet IV & Ballet V at 3:15pm. >Modern II, III, and IV at 4:15pm.
- > Boys Ballet I & II at 4:30pm.
  >Evening Ballet III, Party Scene (Tuesday Ballet I, Afternoon Ballet III, Party Parents), Monday Ballet II, Thursday Ballet II, and Friday Ballet II at 5:00pm.
  >Mouse Scene (Saturday Ballet I, Tuesday Ballet II, Saturday Ballet II), Monday Ballet I, Thursday Ballet I, at 6:00pm.

Saturday December 7<sup>th</sup>, Elsinore Theatre, Dress Rehearsal Call Times - All dancers We do want to remind everyone not to bring their dinner back to the theatre to be eaten, and that drinks in covered containers will be allowed in the theatre up to two hours before the show. After that time, water only, please (this includes volunteers)!

Besides snacks, other items that would be good to bring are extra tights, extra hair supplies (hair pins in particular for attaching head pieces and hair spray to do touch ups), extra make up for touch ups, and activities. Examples of appropriate activities include books, etch a sketches, card games, cars, and dolls. Activities to leave at home include anything with glitter (this is a theatre policy), markers, and anything noisy. You will also probably want to leave anything valuable at home

with full makeup, hair done, and in costume ready to start at 10:00am (Pre-Ballet II 9:30am for spacing). Pre-Ballet I and Creative Movement will be released after the first run through, hopefully around 1:30pm. All others will be released after their second run, either around 3:00pm or 4:00pm, depending on if they are in the first or second act. Saturday, December 7th, Elsinore Theatre, Performance! -Call time for all dancers 5:45pm (7:00pm show). All dancers are in the final bows.

Sunday, December 8th, Elsinore Theatre, Performance! – Call time for all dancers is 1:15pm (2:30pm show). All dancers are in the final bows. Please help us stay on track by arriving on time. Thank you!

## Calendar

December 6th, 2019

Spacing Rehearsals at the Elsinore.

>Ballet IV & Ballet V at 3:15pm.

>Modern II, III, and IV at 4:15pm.

> Boys Ballet I & II at 4:30pm.

>Evening Ballet III, Party Scene (Tuesday Ballet I, Afternoon Ballet III, Party Parents), Monday Ballet II, Thursday Ballet II, and Friday Ballet II at 5:00pm.

>Mouse Scene (Saturday Ballet I, Tuesday Ballet II, Saturday Ballet II), Monday Ballet I, Thursday Ballet I, Thursday Ballet I, Thursday Ballet I, at 6:00pm.

December 7<sup>th</sup>, 2019

Nutcracker Dress Rehearsal. At the Elsinore Theatre. 10:00am.**Pre-Ballet II** will space at 9:30am.

Dec. 7<sup>th</sup>, 2019 at 7pm
(call time 5:45pm)

The Children's Nutcracker!
Dec. 8<sup>th</sup>, 2019 at 2:30<sup>pm</sup>
(call time 1:15pm)

The Children's Nutcracker!

December 22<sup>nd</sup>-January 5<sup>th</sup>
Winter Break

#### **CONTACT**

Please feel free to contact us at any of the following:

Phone & Email: (503) 364-4738

americanballetacademy@gmail.com

PO Box 2671 : Salem, OR 97308 www.americanballetacademy.net

Like us on Facebook!

Store Hours:

Tuesday 4:30-5:30pm Saturday 10:15-11:45am

By appointment